

Making Connections

Regional Health Connector Program

Updated: October 2022

Overview

- RHC Vision, Mission, Purpose
- Program Structure and Current Efforts
- How to Connect and Support
- Hear from RHCs and Discussion





Opening Question

Type in the chat your name, pronouns, organization and answer to the following.

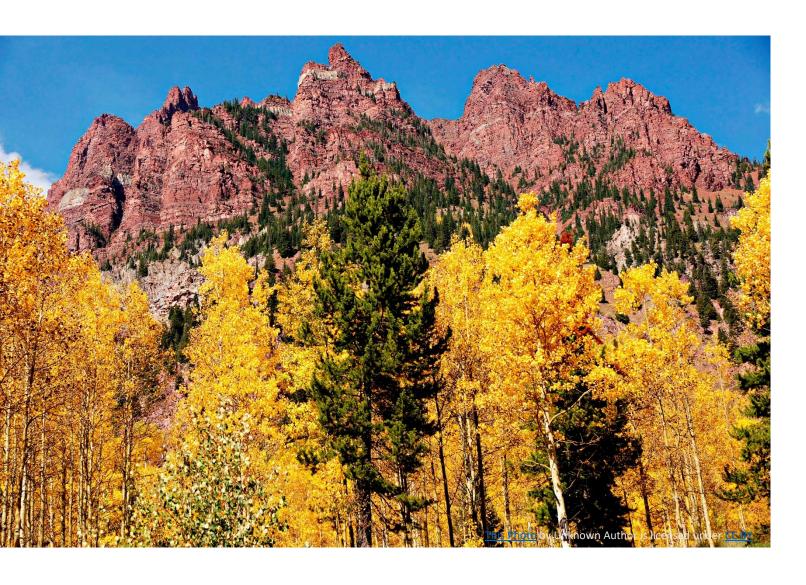
What do you already know about the RHC program? If you're unfamiliar, what are you hoping to learn today?





RHC Vision, Mission, & Purpose





Our Vision

Connected systems will lead to healthier lives for all Coloradans.

Our Mission

Regional Health Connectors improve health in Colorado by connecting the systems that keep us healthy – including primary care, public health, social services, and other community resources.



Purpose of the RHC Program



Goals

Better coordination across systems
Stronger and more effective networks to address SDoH
Stronger social capital
Healthier population, lower costs, happier patients and providers

Strategies

Involving clinics in community health initiatives

★ Connecting clinics to community assets

Guiding the development of referral networks

Educating on best practices to impact SDoH

Building & Deepening partnerships and capacity



Partnerships

The work of the RHCs would not be possible without the partnership and collaboration of the **RHC host organizations** across the state. We'd like to extend our thanks and appreciation to these local organizations who support the mission and vision of the RHC Program.





Partnerships







Program Office
Technical Support/Coaching
Evaluation
Sustainability

Fiscal Agent Evaluation Sustainability Advocacy

Sustainability Advocacy

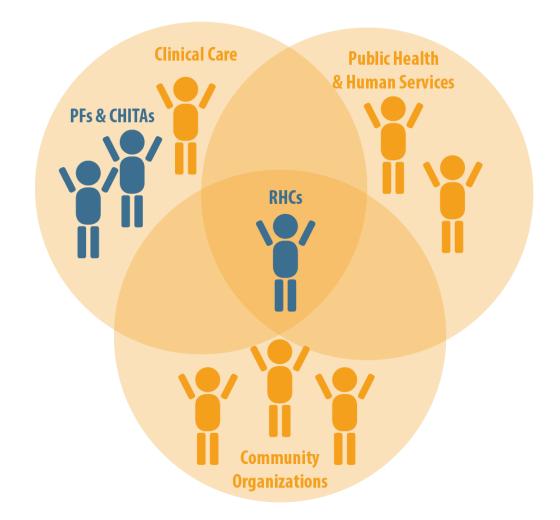
Program Structure & Current Efforts



RHCs Work Across Systems

PF – Practice Facilitator

CHITA – Clinical Health Information Technology Advisor





What does working across health systems mean?

RHCs work at all levels of the *Health Impact Pyramid*¹ with a focus on improving health equity and leveraging community assets.



Larger

Impact

Smaller Counseling & Education

RHC Example: Providing Mental Health First Aid and other trainings to clinical and community partners; Promoting local and statewide opportunities, events, and resources to clinic and community partners.

Clinical Interventions

RHC Example: Supporting implementation of social needs screening tools in a healthcare setting for improved access to resources and community support and navigation; Supporting clinical quality improvement (QI) projects.

Long-lasting, Protective Interventions

RHC Example: Promoting local COVID-19 vaccine clinics; Promoting and coordinating programs to improve clinical outcomes, such as Innovation Support Program and HPV programs.

Changing the Context

RHC Example: Supporting healthcare clinics to access grant funds to address food insecurity by expanding the Food Rx program and promoting food resources; Connecting clinics and community resources and improving referrals and workflows between agencies.

Socioeconomic Factors

RHC Example: Convening local housing, transportation, and food coalitions; Convening multisectoral collaboratives to improve access to care for systematically excluded communities (e.g. LGBTQ+, Communities of Color, Rural).



RHCs create and support conditions of systems change within local communities.

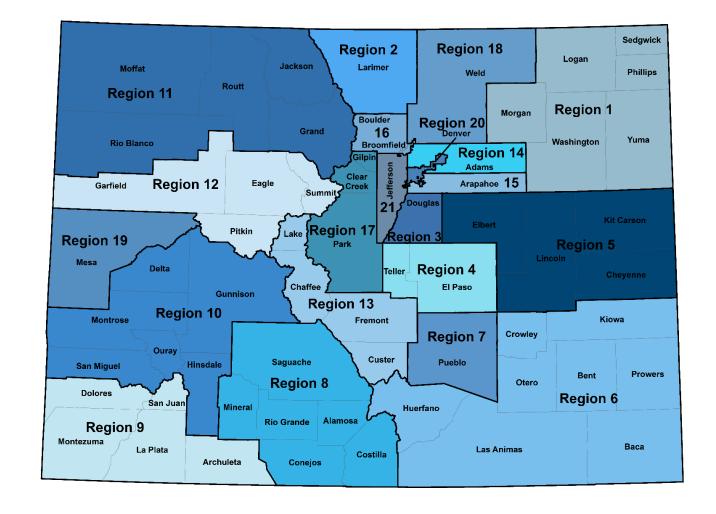
Six Conditions of Systems Change Resource **Policies Practices Flows** Relationships/ Power Connections **Dynamics** Mental Models



RHCs work in 21 Regions across Colorado



- RHCs are embedded in the community & employed by a local organization.
- Examples of local host organizations include LPHAs, AHECs, health alliances, & health-based CBOs/non-profits.





Current Efforts

Innovation Support Practice (ISP)

With this funding, RHCs are:

- Fostering partnerships, collaboration, and connection between medical clinics/practices, public health organizations, and community services and resources
- Addressing social needs and priorities in the communities where they live, work, and play

House Bill 1302 (

With this funding, RHCs:

- **☑Completed an assessment** of their region's strengths and gaps of evidence-based behavioral health treatment, services, and resources
- **☑Created an action plan** to leverage strengths and address identified needs based on the assessment
- □Will implement and track the action plan, including evaluation and communication of successes and RHC impact



Recent Efforts: BHRA Projects

Regional Assessments

October – November '21

Each RHC conducted a local needs assessment of their Region by analyzing national, state, and local data to identify priority gaps in behavioral and mental health services.



Action Plan

December – February '22

Based on assessments, the RHCs proposed projects intended to address priority gaps and improve health equity using local knowledge, services, and assets.



Implementation!

February – June '22

RHCs implemented their BHRA projects, supported by their host organizations and local partners.



Outcomes of BHRA Projects

- Implementation was 9 months
- Over 90% of projects are continuing on after the BHRA funding ended
- 2 out of 3 projects sought outside funding
 - Over half were awarded funding
- Total amount of funding awarded or catalyzed by BHRA projects = \$854,360!
- Almost all RHCs recommendation to funders, partners, and others is to increase funding and capacity for behavioral and mental health resources and projects in their region



Other Recent Efforts

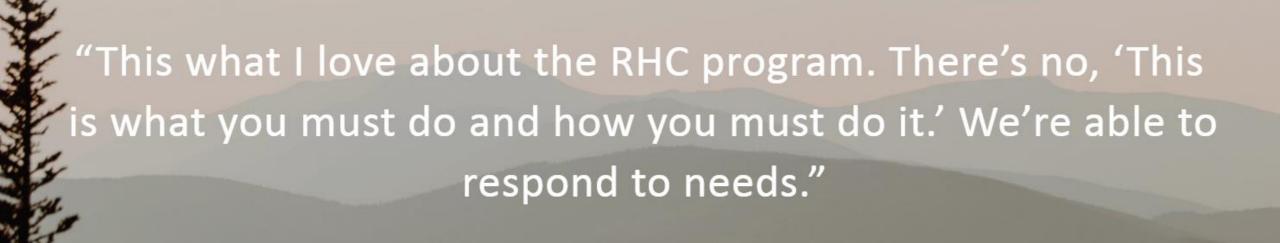
Shorter-term projects based on emergent needs and opportunities:

- mAb Project support outreach and communication efforts for the implementation and effectiveness of Monoclonal Antibodies (mAb) treatment
- Jail Based Behavioral Health Services supported county jails to address the needs of individuals with substance use disorders and co-occurring mental health disorders
- OBH Homeless Support during COVID-19 supported the work in their communities to address the needs of people experiencing homelessness during the COVID19 pandemic









Regional Health Connector, Susan Garrett, Region 4 (El Paso and Teller counties)



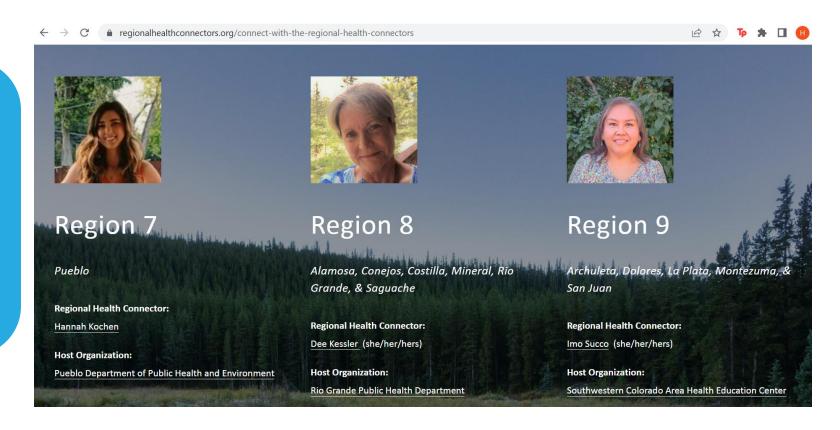
How to Connect & Support



Ways to Connect

"There is no wrong email, no wrong question to send to an RHC."

-Kim McDevitt, Region 20 (Denver)



Connect with specific RHCs: www.regionalhealthconnectors.org



Ways to Partner

To connect with all RHCs or a broader group:



RHC Weekly Resource Email



RHC Monthly Learning Calls



Get in Touch with Program Staff

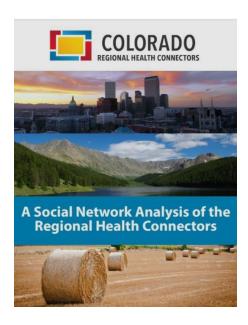


Ways to Support

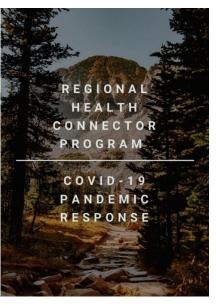
- 1. Explore the RHC website and stay in touch.
- 2. Partner with us. Contact RHC program staff to discuss community engagement needs & contracts/funding
- 3. Spread the word!
 - 1. Advocate for the value of RHCs with your organization and partnerships
 - 2. Connect others with RHCs















Hear from the Regional Health Connectors

"The work of an RHC is never-ending."

-Dee Kessler, Region 8 (Alamosa, Conejos, Costilla, Mineral, Rio Grande, & Saguache)



Closing Questions

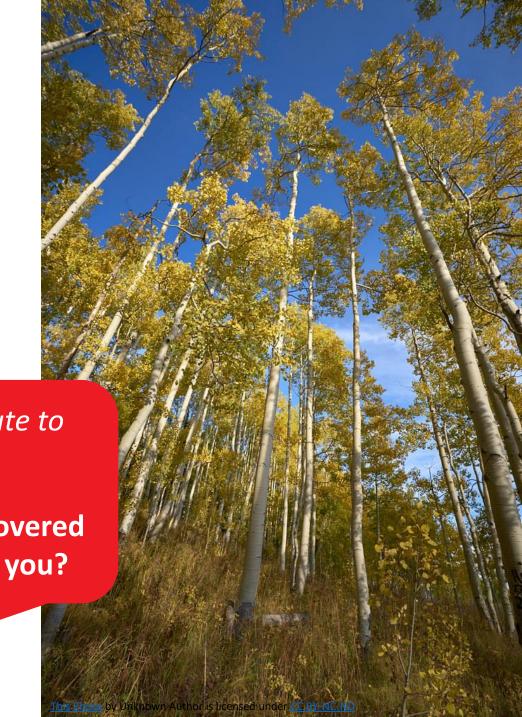
In a personal note to yourself or in the chat

What's your next step to further connect with the RHCs or RHC Program?

In the chat or unmute to answer

What have we not covered that's important to you?









Thank you! Questions?

Contacts: ggrant@trailhead.institute or hgroves@trailhead.institute