

2025 Alzheimer's Disease Facts & Figures – Colorado & U.S.

- 7.2 million people in the United States age 65 and older are living with Alzheimer's disease or another form of dementia
 - Projected to nearly double (13.8 million) by 2060 (6.7 million aged 85 and older)
 - Two national studies report that between 17% and 22% of people aged 65 and older are living with Mild Cognitive Impairment (MCI), which can be a precursor to Alzheimer's disease. One-third of all people 65+ in the U.S. have either MCI or dementia
 - **Under age 65:** Although prevalence studies of younger-onset dementia in the U.S. are limited, researchers believe about 110 of every 100,000 people aged 30 to 64 – about 200,000 people in the U.S. in total (above and beyond the 7.2 million) – have younger-onset dementia
- Women make up two-thirds of those diagnosed with Alzheimer's
- Black Americans are twice as likely as whites to be diagnosed with Alzheimer's
- Hispanic Americans and Native Americans are 50% more likely than whites to be diagnosed with Alzheimer's
- Alzheimer's is the 6th-leading cause of death of people in the U.S.
 - It kills more people than breast cancer and prostate cancer combined
 - It is the only leading cause of death without a prevention or cure
- From 2020 to 2022, deaths from heart disease decreased 1.1% and deaths from HIV dropped 65.9% while deaths from Alzheimer's disease, as recorded on death certificates, increased 142.4%

Aging Population

- By 2030, the segment of the U.S. population age 65 and older is projected to be 71 million – making up over 20% of the total population (vs. 17% in 2022)
- About 1 in 9 people in the U.S. (11%) age 65 and older has Alzheimer's dementia
- The percentage of people with Alzheimer's dementia increases with age: 5.1% of people aged 65-74, 13.2% of people aged 75 to 84, and 33.4% of people aged 85 and older have Alzheimer's dementia
- Among people aged 70, 61% of those with Alzheimer's dementia are expected to die before age 80 compared with 30% of people without Alzheimer's

Alzheimer's Caregiving

- Nearly 12 million Americans in 2024 provided 19.2 billion hours of unpaid care for a family member or friend with dementia – a contribution valued at \$413.5 billion
 - Equal to nearly 16 times the total revenue of McDonald's in 2023 (\$25.9 billion)

- The amount of time required for caregiving increases as dementia progresses. One study showed that people with dementia required 151 hours of caregiving per month at the outset of dementia, increasing to 283 hours per month 8 years later
- Over half of caregivers provide assistance to a parent or in-law with dementia
- Approximately one-quarter of dementia caregivers are “sandwich generation” caregivers, meaning they care for both an aging parent and at least one child under 18
- Women account for about two-thirds of dementia caregivers
- About 70% of caregivers are under age 65
- Caregivers provide an average of 31 hours per week of care

The Cost of Alzheimer’s

- \$384 billion projected for 2025: the U.S. cost of caring for people living with Alzheimer’s (not including the costs of informal caregiving)
- Nearly \$1 of every \$7 in Medicare funds is spent on people with Alzheimer’s and other dementias – expected to reach \$1 in every \$3 by 2050
- The total lifetime cost of care (including out-of-pocket costs, Medicare, Medicaid expenditures and informal caregiving) for someone with dementia is estimated at \$405,262 in 2024 dollars

Alzheimer’s Research

- The Alzheimer's Association is the world’s leading non-profit funder of Alzheimer's research. Currently, the Association has over \$430 million active in 1,150 projects in 57 countries on 6 continents

Key Colorado Alzheimer’s Facts

- 90,800 Coloradans are living with Alzheimer’s
- In Colorado, 1,871 died from Alzheimer’s in 2022, the most recent figure available
- More than 178,000 Coloradans are serving as unpaid caregivers, providing an estimated 309 million hours of support in 2024 valued at nearly \$8.2 billion

The Alzheimer’s Association of Colorado provides all of its services (educational programs, support groups and informational services) at no charge to Colorado families. The Association’s free 24/7 bilingual Helpline is 800-272-3900. Information also is available at www.alz.org.

FOR MORE INFORMATION: contact Jim Herlihy, Rocky Mountain Region Vice President of Marketing & Communications, at jherlihy@alz.org or 970-590-5885

[https://d.docs.live.net/35eb839928d8d4a8/Desktop/ALZ/Factsheets/2025 ALZ factsheet - national and Colorado.docx](https://d.docs.live.net/35eb839928d8d4a8/Desktop/ALZ/Factsheets/2025%20ALZ%20factsheet%20-%20national%20and%20Colorado.docx)